



WELCOME

TO

IRACAMBI

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INTRODUCTION

**Phew!! You
have finally
arrived in
Iracambi!!**

**Now that you're
here, the next step is
for you to feel at
home, and that's
why we made this
guide.**

**Through it you will
not only be aware of
the NGO's facilities,
but also know where
the best waterfalls,
trails and local
products such as
honey and cakes are.**

FACILITIES

- **Center House**
- **Cabins**
- **Office**
- **Toolshed**
- **Lab**
- **Nursery**
- **Restaurant**

INFRASTRUCTURE

Center House:

The Center House is where we have our hang-out area, where we can play some cards and relax after a long day at work.



INFRASTRUCTURE

Communal Kitchen:

The communal kitchen is located on the Center House also, which is available for common use.

For using of the communal kitchen we only have one rule:

YOU USE IT, YOU WASH IT!

Besides you, there are more people who use the kitchen on a daily basis, so it's a job for everyone to keep it clean and organized.

INFRASTRUCTURE

Laundry Room:

The laundry room is located on the Center House also.



to use the washing machine is quite simple:

- Choose the level of water you'll use according to the amount of clothes you're washing (switch to the left).
- Be sure the drying mode (Turbo) is turned on.

You can dispose the dirty sheets on the basket next to the machine.

INFRASTRUCTURE

Pantry:

The Pantry is located in the kitchen by the door next to the fridge, in there you can find:

- Pans, and kitchen utensils**
- Cleaning Products**
- First Aid Kit Box**
- Toilet Paper**
- Washing Powder**

Feel free to grab anything you might need inside.

INFRASTRUCTURE

Cabins:

We have around 5 Cabins at Iracambi for you to be hosted at. All of them are equiped with:

- Bathroom**
- Living Room**
- 2 Bedrooms (4 people each)**
- Study Desks**



INFRASTRUCTURE

Cabins:



INFRASTRUCTURE

Electrical Showers:

You probably had never seen an electrical shower before. They're quite simple to use, and there's no risks on using it.

But still, there's some things you need to be aware of while using it.

- Be sure the wires are not disconnected or damaged.**
- It's not recommended to shower during a thunderstorm.**
- You can adjust the temperature switching the flick by the showers head, just be aware to not do it if the shower is on.**

INFRASTRUCTURE

Office:

The office is where some of our co-workers can be found throughout the day.

If you feel like using one of our computers come by any time.

In the office we also have a map with all the trails around Iracambi painted on the wall.

They might help you locate yourself on the area.



INFRASTRUCTURE

Toolshed:

Here is where you can find everything from hammers to paints and brushes.

The toolshed accessible for every employee and volunteer to use any tools we have at our disposal. Just be aware to keep it organized and to bring everything back here after using it.



INFRASTRUCTURE

Lab:

In the lab is where our Therapies of the Forest program is operated.

We also have a garden full of medicinal plants meant to be used for teas, so feel free to pick up some. Our program Coordinator also knows a lot of teas recipes from native plants, each one of them having it's own medicinal properties.

Feel free to ask her about recommendations and how to make them.



products made on our lab

INFRASTRUCTURE

Nursery:

The nursery is the most important place on all the NGO, and also the place with the most needed assistance from volunteers.

This is where we nurture all the seedlings that'll eventually go to be reforested. And our Coordinator Fran will always be eager assist the volunteers on their tasks in here.



INFRASTRUCTURE

Restaurant:

All the meals will be prepared and served to you on our restaurant Beija-Flor.

This is also a great meeting place, since the whole staff gather here to have lunch together.

We also take in recommendations of recipes. So feel free to suggest something if you feel like it.



SCHEDULES

At Iracambi, the activity schedules starts from 8am until 5pm from Monday to Friday.

So be ready to work by then!

Be aware of the Restaurant schedules also.

**Throughout the week the meals schedules is as such:
Breakfast - 7:00am to 8:00am
Lunch - 11:00am to 12:00am
Dinner - 18:00 - 19:00pm**

On the weekends it changes a little bit, having breakfast starting from 8:30am until 9am. Lunch and dinner remains the same.

GUIDES AND TIPS

Besides the hard work we do around here, sometimes we also need some rest and fun time right?

For it we have gathered some tips for you to enjoy the best of your time in here:

- We have some wonderful waterfalls around, check them out!**
- Some of our trails are self-guided, just be sure to bring someone with you. Also, always keep someone from the staff aware of where you're going.**

GUIDE MAP



- **Yellow Dot - Iracambi Resaerch Center**
- **Blue Dots - Waterfalls around Iracambi**

1 - Poço Preto Waterfall

2 - Lagoa Azul Pond

OBS: 3th and 4th waterfalls are our neighbors land, so be sure to ask permission before going there.



Poço Preto Waterfall



Áquila's Waterfall - 4th dot

Bonfires are also a great way to bond and have some fun on cold nights. The woodfire can be picked either behind the restaurant or on the nursery.



Where to pick wood from

**We have some amazing peaks to hike around, Graminha and Itajuru are the best one at it, and we can even camp there for the night!
(not ideally to do on rainy seasons)**



Graminha's Mountain



Graminha's View

If you're lucky you can spot some really cool animals around here. Just be aware that besides how pretty some of they look, they can be really dangerous, specially the ones below:



Coral - *Micrurus altirostris*



Aranha Marrom - *Loxosceles reclusa*



Lacraia - *Scolopendromorpha*



Carlos Vieira

Taturana Verde - *Automeris illustris*



Taturana Bezerra - *Podalia orsilochus*



Jararaca - *Bothrops jararaca*



Armadeira - *Phoneutria*



Escorpião Amarelo - *Tityus serrulatus*

OUR TEAM



Volunteer Coordinator
Eduardo: +55 32 9935-9604



Comms. Intern
Isabela: +55 32 8488-3220



General Coordinator
Arielle: +55 32 8488-9227



Research Coordinator
Lara: +55 31 9732-6778



Nursery Coordinator
Fran: +55 32 9999-3430

OUR TEAM



**Young Ecoliders Coord.
Dayanna: +55 32 9998-1099**



**Forest4Waters Coords.
Alfredo: +55 32 9972-0312
Luiz: +55 99 8223-4778**



**Therapies of the Forest
Coord.
Carla: +55 11 96858-1210**



**General Coord.
Assistant: Thais**



**Nursery
caretaker:
Deivid**



**General Maintenance:
Wagner**

LOCAL CONTACTS

**Homemade Snacks and Deserts
Carminha - +55 32 9913-5267**

**Homemade Licor and Cachaça
Clóvis - +55 32 9913-5267**

**Honey
Marcos - +55 38 9734-8430**

**White Cheese and Eggs
Tuquinha - +55 32 8456-0735**

**Sculptures, Paintings and Masks
Toni - n/a**

**OBS: If interested, the volunteer
can request a visit to Toni
to check out his works**

Other Contacts

Taxi Driver

Carlos: +55 31 9732-6778

Mototaxi

Zezinho: +55 32 9992-6714